



A Little Something Different

Family Newsletter: January 2022

Tis the Season of Sickness!

Here in Houston, we are finally getting some colder weather. However, with this cold weather the Flu, Colds, Sniffles, and other illnesses are more prevalent. Please help us keep each other healthy by following good hand and respiratory hygiene. Take everyday actions to stop the spread of germs: Wash your hands often with soap and water and cover your nose and mouth with a tissue when you cough or sneeze.



Happy New Year from your ALSD Administrative Team!

20 Second Songs for Washing Your Hands

- Happy Birthday X2
- Chorus of "Love on Top"-Beyonce
- Chorus of "Jolene" -Dolly Parton
- We will Rock you X4
- Jeopardy Theme Song
- This Little Light of Mine
- Opening of "Respect"- Aretha Franklin



HOST HOME REMINDERS!

- Please make sure to submit any 2021 Host Home Logs, Day Hab Logs, Fire Drills and Behavior tracking that you may still have from last year.
 - Please continue to complete your Covid screening twice per day
- Do an annual double check of: (1) are your fire extinguishers charged/in the green (2) do your smoke detectors have good batteries (3) are your pet's Rabies shots current and in your binder (4) is your RN delegation/pink sheet current and in your binder (5) are your ALSD magnets posted on your fridge, you should have 4 magnets!



ALSD



ALSD Learning Center News

It's beginning to look a lot like... The Holidays!

The holidays are always a fun time around the Learning Center! With Halloween, Thanksgiving, Christmas, and the New Year, it ends up being three months of fun, games, crafts, and learning. Look below for some of the fun things we did to wrap up 2021!



Halloween

Happy Thanksgiving



CHRISTMAS



Check us Out on Facebook!

www.facebook.com/ALSDOnline

Contact Us

As always, we would love for you to contact us with any questions, compliments or concerns that you may have regarding the care of your loved one. Feel free to contact Paul or Cheryl Chollett at any time at 713-589-5649.

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