## **APRIL 2022**

## Monthly Challenge Activity: Tanagrams

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Theme: WrestleMania	28 News2You Pages Video: What is Wrestling? Exercise:30 Min. Stretching Art: Championship Belt Group: Parachute	29 News2You Pages Video: Is Wrestling Real? Exercise: Upper Body Cardio Music Therapy Group: Game Day	30 News2You Pages Video: Top 10 Famous Wrestlers Exercise: Chair Yoga Science: Group: Staff Choice	31 News2You Pages  Video: WWE Experience PE: HopScotch/ Ring Toss Reading Center Group: Uno	News2You Pages Video: WrestleMania Clip Exercise: Color Dance Cooking: Celebration Chow Group: Simon Says	2
Theme: Cherry Blossom Festival	Read News2You  Video:What is the Festival?  Exercise: Head, Neck and Shoulders  Art: Cherry Blossom Tree  Group: Look and Find	News2You Pages Video: Fun facts about Cherry Blossoms Exercise:20 Min back/neck Music Therapy Group: Play Dough	News2You Pages Video: Cherry Blossom Festival Tour Exercise: Chair Yoga Science: Tree branch test Group: Staff Choice	News2You Pages Video: Festival opening Ceremony PE: Dominoes Competition Reading Center Group: Memory	News2You Pages  Video: Fun Friday Funnies  Exercise: Free 15 min  workout  Cooking: Yogurt Bowls  Group: Sound Bingo	9
Theme: Healthy Eating	11 Read Article Video: Healthy Eating Habits Exercise: 15 Min walking Art: Build a lunch tray Group: Puzzles	12 Worksheet Pages Video: What are Healthy Foods? Exercise: Slow down and move Music Therapy Group: Free Art	13 Worksheet Pages  Video: Food Types  Exercise: Yoga with Alley  Science: Is it healthy?  Group: Staff Choice	14 Worksheet Pages  Video: Healthy Snacks PE: Can Stacking Shapes Reading Center Group: Hot Potato	15 Worksheet Pages Video: Healthy Exercise Exercise: Dance Exercise Cooking: Tuna Salad Group: Conversation Cubes	16
Theme: Disabled Hockey Festival	18 Read News2You  Video: What is disabled hockey?  Exercise: Stretch with Jake Art: Ice Cube Painting  Group: Parachute	19 News2You Pages Video: How to become an Olympian Exercise: Upper Body Cardio Music Therapy Group: Game Day	20 News2You Pages Video: Supplies needed to play hockey Exercise:Chair Yoga with Rachel Science:Puck Friction Test Groud: Staff Choice	21 News2You Pages Video: disabled vs regular hockey Group Art: Painting Reading Center Group: Uno	<b>22</b> News2You Pages Video: hockey game clips Exercise:Move and Groove Cooking: Hockey Sandwich Group: Simon Says	23
Theme: Tulip Time	25 Read News2You  Video: Explore the festival  Exercise: Brainstorm  Workout  Art: Paper Cup Windmill  Group: UNO	26 News2You Pages  Video: Festival Traditions  Exercise: Upper Body  Cardio  Music Therapy  Group: Musical Chairs	27 News2You Pages  Video: How Tulips Grow Exercise: Chair Yoga Science: Fresh cut flowers Group: Staff Choice	28 News2You Pages  Video: Tulip Capital of the world  PE: Ring toss  Reading Center  Group: Game Day	29 News2You Pages  Video: Types of Tulips Exercise: Color Dance Cooking: Fruit Flowers Group: Picture Bingo	30